



**January 2023    Family Resource Center**  
**37 Main Street, Taunton, MA    (P) 774-501-2633**

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
2. <u>Closed for New Year's Day</u>	3. Nurturing Fathers 5:30pm – 7:30pm	4. New Year's Resolution Vision Board Building 3:30pm – 5:30pm	5. Parenting Journey I Registration & Enrollment 5:30pm – 7:30pm	6. True Course 3:30pm – 5pm	7. FRC Weekend Movie 4pm – 6pm
9. Martin Luther King Jr. Day Story Time 3pm – 5pm	10. Nurturing Fathers 5:30pm – 7:30pm	11. Grandparents Raising Grandchildren 11am – 12:30pm	12. Parenting Journey I Registration & Enrollment 5:30pm – 7:30pm	13. True Course 3:30pm – 5pm	14. <b>Closed</b>
16. <u>Closed for Martin Luther King Jr. Day</u>	17. Nurturing Fathers 5:30pm – 7:30pm	18. Pop-Up Pantry Day <u>*call by 1/13/22 to register*</u>	19. Parenting Journey 1 5:30pm – 7:30pm	20. True Course 3:30pm – 5pm	21. Blizzard Bingo Ice Cream Social 1pm – 3pm
23. Resume and Cover Letter Workshop 10am – 12pm	24. Nurturing Fathers 5:30pm – 7:30pm	25. Grandparents Raising Grandchildren 11am – 12:30pm	26. Parenting Journey 1 5:30pm – 7:30pm	27. True Course 3:30pm – 5pm	28. <b>Closed</b>
30. Job Interviewing Skills 101 10am – 12pm	31. Nurturing Fathers 5:30pm – 7:30pm				<b>Please see key on the back for group/event information and how to register. <u>All groups are in-person unless noted otherwise.</u></b>

**Hours of Operation:** Monday through Friday: 9am-5pm, Saturday: appointment or event only (Saturday 1/7 & 1/21)  
**Walk-In Hours of Operation:** Monday through Friday, 9am-5pm

[Find us on Facebook at www.facebook.com/FRCTaunton](https://www.facebook.com/FRCTaunton)

**Nurturing Fathers Program (In-Person): Fathers only.** A 13-week parenting course that brings together men from all family circumstances to explore what it takes to be their child's nurturer and teacher. To register, contact Jeff [jbibeau@oldcolonyymca.org](mailto:jbibeau@oldcolonyymca.org)

**New Year's Resolution Vision Board Building (In-Person): 6 and up.** Come set your intentions and create some manageable goals for yourself and your family this New Year! All supplies will be provided. To participate, contact Karissa [kpimental@oldcolonyymca.org](mailto:kpimental@oldcolonyymca.org)

**Parenting Journey I (In-Person): For parents only.** This 12-session, introductory curriculum is designed to help parents increase their self-care practices, raise awareness of past and present factors that influence their parenting styles, enhance their parenting skills, and utilize their strengths to support their children and to build nurturing family relationships. The Parenting Journey program model focuses on adult development and the emotional understanding of what it means to be a parent, thus filling a void created by traditional parenting classes. To participate, contact Anne [aferioli@oldcolonyymca.org](mailto:aferioli@oldcolonyymca.org)

**True Course (In-Person): Ages 12-18.** True Course is an outdoor-based program that works with at-risk youth who need an alternative approach to getting back on track. True Course is a 10-12 month program that provides: Intensive Case Management, Mentoring, and Experiential Learning. True Course uses the outdoors as our catalyst for positive change. To apply, contact [508-995-6400 ext. 3611](tel:508-995-6400) or [TrueCourse@bcso-ma.org](mailto:TrueCourse@bcso-ma.org)

**FRC Weekend Movie (In-Person): Ages 6 and up.** We will be watching *Fantastic Mr. Fox*. Refreshments will be provided. To participate, contact Jeff [jbibeau@oldcolonyymca.org](mailto:jbibeau@oldcolonyymca.org).

**Martin Luther King Jr. Day Story Time (In-Person): All ages.** We will be reading stories together to learn about Dr. Martin Luther King Jr. and his incredible legacy in the United States. To participate, contact Jeff [jbibeau@oldcolonyymca.org](mailto:jbibeau@oldcolonyymca.org)

**Grandparents Raising Grandchildren (In-Person): Grandparents raising grandchildren only.** A general support group for Grandparents to come together to learn about resources and make social connections. To participate, contact Anne [aferioli@oldcolonyymca.org](mailto:aferioli@oldcolonyymca.org)

**Pop-Up Food Pantry (In-Person):** Meal care packages will be available for pick-up monthly at the FRC. Participants must register every month to receive care packages. To register, contact Donna [dfoster@oldcolonyymca.org](mailto:dfoster@oldcolonyymca.org) by 1/13/22.

**Blizzard Bingo Ice Cream Social (In-Person): Ages 5 +.** Come in from the chilly January and enjoy an afternoon with bingo games and ice cream! Games and various delicious flavors of ice cream will be provided. To participate and let us know of any dietary restrictions or allergies, contact Anne [aferioli@oldcolonyymca.org](mailto:aferioli@oldcolonyymca.org)

**Resume Writing & Cover Letter Workshop: For ages 16+** Learn tips and tricks to stand out to employers on paper. To participate, contact Jeff [jbibeau@oldcolonyymca.org](mailto:jbibeau@oldcolonyymca.org)

**Job Interview Skills 101 (In-Person): For ages 16 +.** You've submitted your resume and you received a call back – now it's time to prep for the big interview! To participate, contact Jeff [jbibeau@oldcolonyymca.org](mailto:jbibeau@oldcolonyymca.org)

Want to learn  
more about  
Family Resource  
Centers? Scan  
our QR code!

